

Crystal Meth Curricular Connections

Includes options for connecting lessons about crystal methamphetamine to your curriculum.

ELA

- **Outcomes:** CRA10.1, CRB10.1, CR20.1, CRA30.1, CRB30.1
- **Lesson Ideas:**
 - Viewing response with focus on questioning
 - Discuss, explore, and research community addictions supports
 - Make connections to other texts
 - Explore connections to culture and cultural values based on support for people with addictions (locally and provincially)
 - Identify and challenge individual and community values and behaviours on drug addiction
 - Identify recurring patterns of values, behaviours and personal circumstances (trauma, socioeconomic status, mental health, addictions etc.) throughout a variety of texts
 - Reflect on stigma of addictions and how media, text, and curriculums perpetuate or challenge stigmas

- **Outcome:** CRA10.2, CRB10.2, CR20.2, CRA30.2, CRB30.2
- **Lesson Ideas:**
 - Critical response (inquiry)
 - Analyze impact of visual techniques
 - Evaluate how genders and various cultures and socio-economic groups are portrayed in representations by the mass media in drug education and addiction information.
 - Recognize persuasive techniques being used in drug education and addiction information in visual and multimedia texts, and analyze and assess the impact of specific media, techniques, and designs.
 - Using BDA viewing strategies, address personal values, beliefs and understandings related to addiction and drug use.

Health 9

- **Outcome: USC 9.6** - Analyze the health, economic, and social supports and challenges of addictions (e.g., tobacco, shopping, alcohol, gambling, Internet, drugs) on self, family, community, and the environment.
- **Lesson Ideas:** [PPT lessons with activities](#) on connect: learning, subjects and grades, health, drug education filter

Health Science 20

- **Outcome/Strand:** HS20-HB2 Investigate the effects of various injuries, disorders and diseases on human cells, tissues, organs and systems.

HS20-HC2 Examine how personal, cultural and societal beliefs affect ethical decisions regarding health care.

Lesson Idea: Substances, such as Crystal Meth and addiction to it, can be explored for how it impacts the human body. Discussions can then be had about personal, cultural and societal beliefs regarding interventions for addictions such as harm reduction practices with ideas for improving patient care as identified by the students.

Leadership 10L, 20L

- **Outcome/Strand:** L20: SLP1.3 Model and promote service learning in the community
L10: SLP 1.2 - Hypothesize personally-relevant opportunities for personal growth in practice of servant leadership.SLP 1.3 - Explore servant leadership in a variety of local opportunities.

Lesson Idea: Students can collectively determine a plan to connect with local community groups (such as the Moose Jaw Crystal Meth Strategy Committee) to determine actions to promote addiction awareness and develop servant leadership skills.

Mental Health Studies 20L

- **Outcome/Strand:** Mental Health and Addictions: MHS20.11, MHS20.12, MHS20.13, MHS20.14

Lesson Idea: This strand can focus on crystal meth as a local challenge with addiction to be explored across all outcomes (exploring theories of addiction, signs and symptoms, supports, and substance use and misuse). This [PPT](#) may be beneficial, but should be downloaded and adapted for the Mental Health Studies 20L curriculum.

- **Outcome/Strand:** MHS20.9 I can evaluate my own behaviours and make a plan to increase my sense of well-being.
MHS20.8 I can advocate, raise awareness and reduce stigma for positive mental health.
Lesson Idea: This lesson can build on previous addictions learning to assess one's personal behaviours on well-being and identify potential risks present in their lives. This can extend to a group effort to promote strategies and supports for individuals with addictions and reduce stigma.

Psychology 20

- **Outcome:** P20.7 - Investigate connections between mental health and personal environment in relation to holistic development and behaviour.
- **Lesson Ideas:**
 - Discuss the relationships between health, substance abuse and addictions and the influence of one's personal environment
 - Examine studies that present a correlation between drug, alcohol, chemical use and effects on one's mental health
 - Examine the impact of addiction on one's relationships (friends, family, etc.)
 - Investigate the consequences of substance misuse on adolescent brain development

Wellness 10

- **Outcome: W4** - Assess the impact of mental health on overall well-being of self, family, and community
- **Lesson Ideas:**
 - Think/pair/share personal and community beliefs about the impact of addictions on mental health to self, family, community
 - Examine misconceptions and stigma for people dealing with addiction and consider ways to reduce that stigma
- **Outcome: Optional W9** - Assess challenges related to community well-being and take action to address these challenges
- **Lesson Ideas:**
 - Brainstorm, as a class, past, present, and evolving wellness challenges such as addictions, in the local community.
 - Assess local and provincial resources and agencies that address/support mental health and addictions and